LOVE BEGINS WITH ME

Every human is made up of two sections - body and soul For one to be the same, His body and soul must unite He must value the person he is He must love himself

It is then that he will love himself That is when the love will start to radiate to others That is when he will start appreciating Gods creation That is when he will start loving his fellow man For one cannot give what he has not And something cannot grow out of nothing

Without love starting from me Love will cease to exist around me Because love is reciprocal And it is in my loving that i am loved It is also the measure of love that goes out from me will return to me

True it is that love must begin with me And it has to be unconditional When it is conditional It is no longer love but selfishness Because love knows nothing like discrimination, tribe or gender

Love has to begin with me Only when it does that it can spread out Because love is contagious in nature Then it will make our world a better place for us all

> BY OGBONNAH KINGSLEY FRANCIS NIGERIA