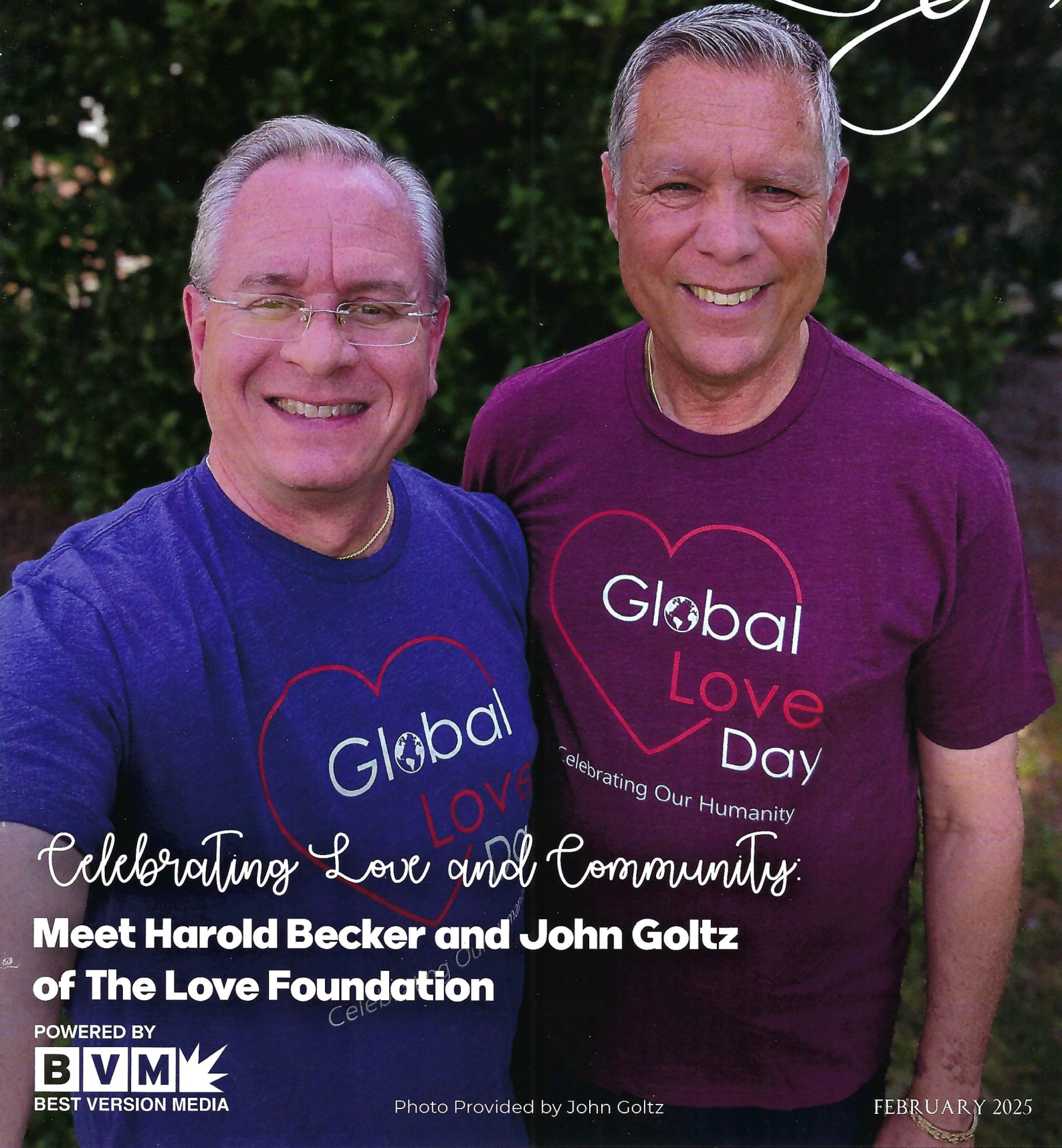


BUTLER CHAIN

ISLEWORTH • KEENE'S POINTE • LAKE BUTLER SOUND • N. BAY • S. BAY
BAY HILL + ENCLAVES • CYPRESS POINT, ISLE, SHORES & THE RESERVE • GOLDEN OAK

Living



Celebrating Love and Community:

**Meet Harold Becker and John Goltz
of The Love Foundation**

POWERED BY
BVM
BEST VERSION MEDIA

Photo Provided by John Goltz

FEBRUARY 2025

Celebrating Love and Community:

Meet Harold Becker and John Goltz of The Love Foundation

By Kristin Sabol

Photos Provided by John Goltz



In the heart of Central Florida lies a story of love, community, and inspiration. Harold Becker and John Goltz, co-founders of The Love Foundation, have dedicated their lives to promoting unconditional love and compassion on a global scale.

With a mission of inspiring people to love unconditionally, these two leaders are bringing positivity, inspiration, and awareness to Orlando.

A Life of Learning and Love

Harold Becker, with an MBA from the University of Tampa and a BA in business from the University of South Florida, has worn many hats throughout his career. From his early days as a jeweler and banker to now as an established author and speaker, his journey reflects his passion for human connection and personal growth.

He is the President of Internal Insights, a consulting company, and The Love Foundation, a nonprofit he founded in 2000.

John Goltz brings his own unique talents to the table. A graduate of St. Olaf College in Minnesota with a degree in biology, John serves as Vice President and Co-founder of The Love Foundation.

His creative and technical expertise has been instrumental in bringing their shared vision to life for The Love Foundation and Internal Insights. John serves as an editor, producer, and video creator for various projects with both organizations.

Together, Harold and John have spent over 35 years as partners, legally marrying in Orlando on their 25th anniversary in 2015.

A Love for Orlando

For Harold and John, Orlando offers the perfect blend of culture, diversity, and opportunity. "We enjoy taking advantage of all that Orlando has to offer, especially with the beautiful weather and variety of activities available," shared John.

"We enjoy walking, biking, visiting the parks, music, shows, the local art galleries and museums, and spontaneously interacting with a wide variety of both locals and visiting vacationers. We especially enjoy attending many festival concerts at EPCOT throughout the year, having now seen over 100 musicians and bands."

In addition to exploring the city's amazing offerings and local theme parks, the couple loves discovering vegan-friendly restaurants in the area.

Living Local

Harold and John love taking advantage of the Central Florida lifestyle, frequently supporting local businesses in the area.

"Disney Springs is always fun with free live music and a variety of dining, shopping, and



entertainment options. We also enjoy Millenia Mall and the surrounding area, which offers great shopping and dining options. Nagoya Sushi in Dr. Philips is our local gem for an intimate dining experience, and being plant-based, we are especially fond of chains like PF Chang's, having now eaten at over 32 locations in the US."

The Love Foundation

John and Harold are founders of The Love Foundation, a 501(c)3 nonprofit organization established in 2000 to inspire people to love unconditionally. The nonprofit's vision is to raise awareness in people of the simple, practical power of unconditional love.

The organization is celebrating its 25th anniversary this March 2025 and has been recognized as a "Top-Rated Nonprofit" by GreatNonprofits.org for the past 11 years.

"When we bring unconditional love back into our personal, professional, community, and family lives, we begin the journey of restoring wholeness and happiness," shared Goltz. "When we open our hearts, we come from compassion and share our kindness naturally. This helps empower our individual and collective lives in ways nothing else can."

Global Love Day

Though many think of love and celebration on Valentine's Day, the organization celebrates love on an additional day: Global Love Day.

"The organization celebrates Global Love Day annually on May 1st as a celebration of humanity. Over the years, it has become part of contemporary culture, is shared socially, appears on calendars, and is listed on Wikipedia. Now in its 22nd year for 2025, it is the universal



recognition of our innate oneness through love. It is our vision to unite all in a celebration of love and compassion. Orlando area Mayors have supported this day with annual proclamations.”

Since its initial launch in 2004, The Love Foundation has received responses from individuals and organizations in over 175 countries, along with over 920 proclamations from governors, mayors, councils, and leaders (including HH Dalai Lama) offering their support for Global Love Day.

The primary flyer and information are in 40 languages and share the universal messages:

We are one humanity on this planet.

All life is interconnected and interdependent.

All share in the Universal bond of love.

Love begins with self-acceptance and forgiveness.

Looking Ahead

As they prepare for The Love Foundation’s 25th anniversary this March, Harold and John remain committed to their mission.

They are also exploring emerging technologies like AI to amplify their message further, including AI-generated podcasts inspired by Harold’s writings, which readers can find on their YouTube page: www.youtube.com/@thelovefoundation.

Join the Movement

The Love Foundation’s all-volunteer team includes board members from the US, UK, and Malaysia, along with coordinators in numerous countries. The group works together to embody the principles of unconditional love in everyday life, fostering kindness and compassion in both local and global communities.

BRIO
italian grille

**YOUR CELEBRATION,
PERFECTED WITH
ITALIAN HOSPITALITY.**

From elegant dining rooms to expertly crafted catering,
let Brio make your event unforgettable.

Book your event today. Visit BriolItalian.com

It's Amore!

**CELEBRATING
VALENTINE'S DAY
ALL WEEKEND!**

RESERVATIONS & PACKAGES
AVAILABLE

LUXURIOUS • FINE • PORTRAITURE

Studio T
PHOTOGRAPHY

Since 1992

407-230-3173
WWW.STUDIO-T.COM

Susan Torregrosa, M.P.,CR.,CPP, your photographer
Families • Graduates • Business Headshots • Individuals

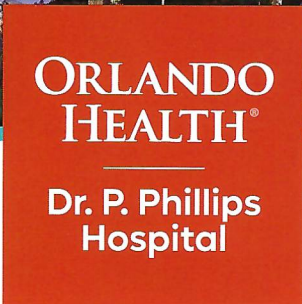
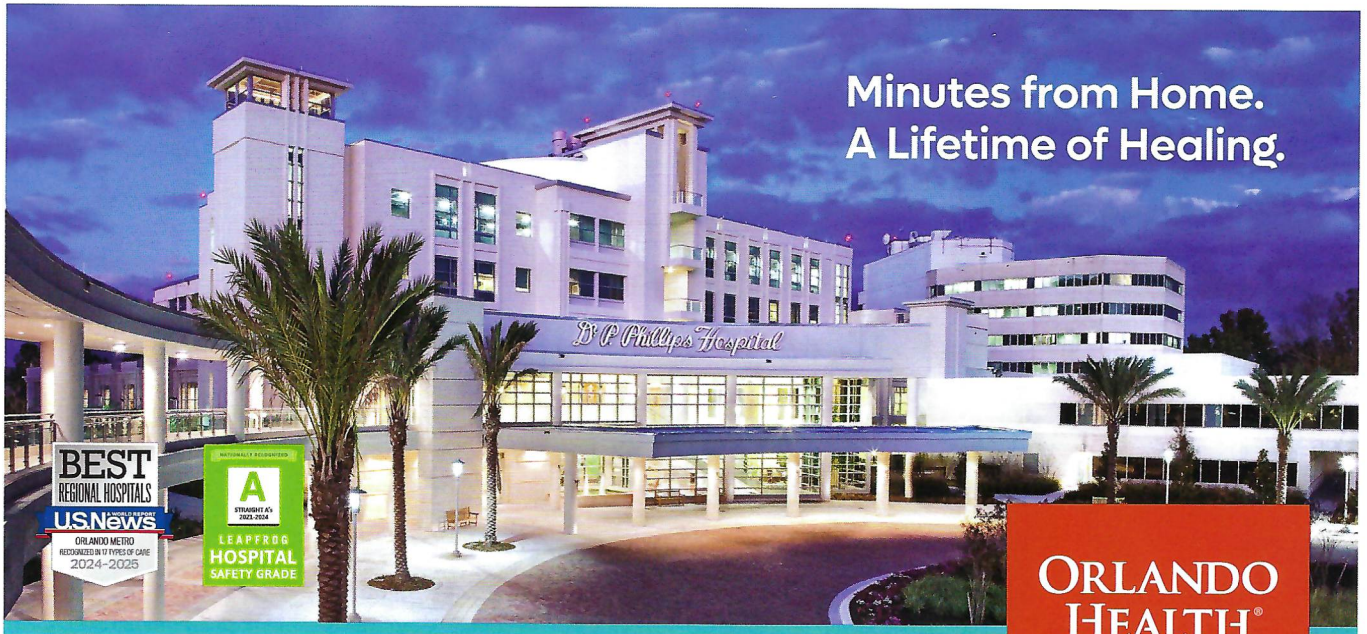
In addition, the charity is not affiliated with any religious creed or perspective.

Celebrate Love

The Love Foundation values the surrounding community and its support. "We particularly enjoy Dr. Phillips/Windermere and the greater Orlando area because of its multi-cultural/international environment. The theme parks and numerous public events add to a cultural exchange within and beyond the community - keeping things beautiful, clean, friendly, and welcoming. There is an intention of magic, celebration, fun, and the enjoyment of life, which aligns with the vision of The Love Foundation."

Orlando residents and global citizens alike are invited to connect with The Love Foundation by volunteering or participating in its events.

And remember to celebrate love this Valentine's Day and Global Love Day on May 1, 2025. To learn more, visit www.thelovefoundation.com or follow them on social media at Facebook.com/thelovefoundation.



You're not just our patient. You're our neighbor. For more than 35 years, Orlando Health Dr. P. Phillips Hospital has been honored to provide nationally recognized care for the Central Florida region we proudly call home. And because it's your home, too, you deserve trusted healthcare within reach, so we can foster a partnership focused on health and wellness — together. Giving you more reasons to choose well.

OrlandoHealth.com/DrPhillipsHospital

choose well.