

“BEING LOVE”

05 March 2024

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My essay submission to:

2024 Art, Essay and Poetry Invitational

The Love Foundation Inc.

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Orlando, Florida 32869-1911

USA

"BEING LOVE"

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Singapore

Love is the quality of being. Being blossoms into becoming. Love is the realisation of our highest human potential.

Love is awakening from a deep dream, and love inspires conscious awareness. Consciousness of life that we experience in a physical world is a creative gift — that allows each person to fully realise our total creative potential.

So, a human being as a mortal creature is capable of greatness. This is fully realised when we — each individual person — focus and choose to be more loving. This we achieve when we express our loving-kindness through the higher aspect of mortal love known as unconditional love.

Unconditional love is the highest expression of mortal love given freely to others without any expectation of a return or to get love back, that is, without any strings attached.

Each person as a human being, living now on this good earth is here for a good reason and a vital purpose. This potential is fully realised in the expression of unconditional love.

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In the journey of life, each individual is moved to a specific purpose — a personal quest to achieve a higher aspiration that only he or she is entrusted with. Each person is fully empowered to find his or her path in life, and to follow the promptings of the heart. This mission is to make our trip on earth worthwhile.

With the innate talents of thoughts and feelings, each person can muster our inner resources and creative abilities to live the best version of life that we can imagine. By following our own instincts, we can successfully pursue and achieve that dream that is especially close to our heart.

Our job in this mortal incarnation is to find, discover and realise our true capability and to fulfill our deepest heartfelt desire to attain our cherished vision. We start with intention — to know, to focus and to manifest our esteemed potential in this lifetime.

Here on earth, we come to know and to realise our amazing potential — and how this potential can be fully achieved with devotion to truth, to joy and to mindfulness. Love is the source energy of how we can effectively cultivate, pursue and attain our highest self-realisation goals.

Consider the human mortal condition. Each person contains a marvellous creative potential that is dormant until we decide to act upon our personal vision. A physical body is given to each person in a miraculous mortal form. Within this amazing body is the dynamic software of our mind and awesome mental faculties.

The heart of our individual existence as a mortal being is the sublime non-physical soul which empowers our spirit or spiritual knowing and being. Woven into this complex manifestation of the physical with the mental and the spiritual is a lively and lovely cluster of a multi-dimensional consciousness. This is the miracle of the human being.

It is, as if, we are walking within a physical world, and yet, we are empowered with the gifts of the heart, the soul and the spirit. Put another way, each person is a living soul and timeless spirit that animates the physical mortality with miraculous potential.

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We are — each one of us — rich with the personal legacy of inner freedom and creative potential to achieve our unique purpose in this lifetime. In short, each person evolves and comes to be and to know, to live and to do, and to grow and to love without limits.

As a creative being, a person can follow the deep promptings of the heart — to know and to connect with and to surely amplify his or her current potential. In this way, we can become fully aware of the tremendous power of love within our being.

Interacting with the vast possibility of human expressions, each person can decide and can formulate our personal responses as we progress in our life journey. Acquired and realised know-how thus enables us to ascend upwards the life spiral to live our cherished dreams and answer the call of love.

Daily life is the fertile ground where we gather our own inner resources to glimpse beyond the mystery of life. We can then make a deeper connection with the source of our present moment life encounters to love more fully and truly.

With our personal ability to feel through our feeling nature, and to think through our creative thoughts, we come to realise ideas and opportunities — and to keenly choose the higher good and follow the optimal perspective. We learn to discern how we can keep afresh a positive mindset and feel our heart urging us to be the best version of our self. To each problem, love is the way to ground our hopes and dreams.

Love is the empowering energy that helps us move towards the realisation of our highest aspirations in this lifetime. Free will and personal choice empower our mind to expand beyond self-limiting, personal beliefs. This happens when we use our vivid imagination to create and to be receptive to fresh ideas and new insights that move us in the direction of our higher dreams.

Our individual paths as creative human beings enables us to go-with-the-flow naturally in a harmonious way, and to feel joy and peace as we follow our hearts. Love is the source energy that validates our existence.

So, we pay conscious attention to what inspires our focus — to be instruments of love as we are moved by the feelings of our hearts to love and to be loved for love's sake.

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Our conscious awareness of love makes the journey on our individual life paths lively and lovely — to be in-sync with the purpose for our mortal existence now: To be love in action for the ultimate good of our wholesome humanity.

To each person, the journey is truly the way we connect with, manifest and live with the progress of love — in our sacred mortality on Mother Earth. Love is truly the way to live each day with truth and beauty.

Love is the realisation of our highest human potential. A human being contains the eternal potential of love. Being blossoms with lovely fruitage in the miracle called love. Love is the quality of being.

<ENDS>

Submitted to:

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Writer's Notes:

Brief biography:

Leon A. Enriquez was born in Singapore in 1955. A former magazine editor for business/information technology, he has been a freelance writer for the past 21 years.

He offers editorial services to corporate clients who need help with writing their corporate profiles, brochures, website content development, marketing communications materials and other specialized writing assignments. Other interests include ghost-writing and editing copy for commercial and academic parties for books, newspaper articles and magazine contributions. Leon specializes in content creation for a diverse industry spectrum.

Journal writing and poetry writing are my self-healing mechanism for personal growth and development.

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